

Athletic Development Summer Sports Camp



Ages: 11 - 16

Monday - Friday: 9:00 am - 2:00 pm

2024 Sessions:

June 24 (5 days \$525)

July 1-3 (3 days \$325)

July 8 (5 days \$525)

July 15 (5 days \$525)

July 22 (5 days \$525)



Spring Brook Country Club



Great opportunity for kids who play any and all sports. A portion of every day is spent developing overall athletic performance. In addition to tennis, golf, and swimming, kids will also participate in fun agility, speed, hand/eye coordination and movement games and drills which will augment their performance in whichever sport they choose to participate in.

The morning portion of the camp will focus on team based fun competition and skill building. After a 35 minute lunch break, the afternoon session offers both individual and team based competitive opportunities which will vary by the day to keep it challenging and fun. All activities conclude thereafter at the pool.

*Please scan the QR code
below to register*

